CARSHIELD FC · PRESENTS

PREMIER LEAGUE RULES & OVERVIEW

Winter Indoor League · U8 – U18

Official rules, formats and fees

OFFICIAL LEAGUE HANDBOOK · SANCTIONED BY MISSOURI YOUTH SOCCER (MYSA)

01 LEAGUE OVERVIEW

WINTER INDOOR LEAGUE

The CarShield FC Premier League is our winter league for U8 – U18 teams. **Every team plays eight (8) games, and all games are played indoors.** Games are not canceled for weather.

U8 – U18	8	INDOOR	MYSA
AGE GROUPS	GAMES PER TEAM	ALL GAMES	SANCTIONED

DIVISIONS & TEAM FEES

FORMAT	AGE GROUPS	GAMES	FEE PER TEAM
7v7	U8 – U10	8	$1,250.00
9v9	U11 – U18	8	$1,850.00

PAYMENT

Pay online by debit/credit card (3.25% processing fee) or by check payable to **CarShield FC LLC**.

MAIL CHECKS TO

CarShield FC LLC
ATTN: Premier League
4710 Rutledge Way Dr.
St. Louis, MO 63129

02 GAME FORMAT

DIVISION	FORMAT	GAME LENGTH	BALL	OFFSIDE	REFS	MAX ROSTER
U8 – U10	7v7	2 × 24 min	4	No	1	14
U11 – U12	9v9	50 min (no half)	4	Yes	1	18
U13 – U18	9v9	50 min (no half)	5	Yes	1	18

7v7 games are two 24-minute halves. 9v9 games are one continuous 50-minute period with no halftime. All teams may add up to six (6) guest players within the maximum roster size.

03 RULES & REGULATIONS

LAWS OF THE GAME

All games are played under the FIFA Laws of the Game, except for the substitution rules below.

SANCTIONING & ELIGIBILITY

The CarShield FC Premier League is sanctioned by Missouri Youth Soccer (MYSA). Teams must be registered and in good standing with a U.S. Soccer Federation affiliate. All teams must submit their rosters, player cards and required documentation through GotSport before their first game.

LEAGUE ROSTER

No roster changes are permitted after the start of a team's first game. Any change made after the team receives its approved roster requires additional documentation uploaded to GotSport, after which the league will issue an updated approved roster. Teams may not hand-write changes on the approved roster.

GUEST PLAYERS

Each team may add up to six (6) guest players, as long as the roster does not exceed the maximum size for its age group. All players require properly approved documentation.

TRAPPED PLAYERS

A trapped player has a U15 birth year but is in 8th grade. A trapped player may play on a U14 team with an approved Guest Player Form and proof of grade (such as a school ID), uploaded to GotSport.

UNIFORMS & EQUIPMENT

Every player must wear shin guards and an official uniform with a number on the back. When colors are similar, the visiting team changes. The home team wears its lighter jersey and provides the game ball.

START OF THE GAME

The referee's coin toss determines direction and which team kicks off.

SUBSTITUTION

Unlimited substitution is allowed in all divisions, made in accordance with FIFA rules.

OFFSIDE, HEADING & GOALKEEPER RULES

NO OFFSIDE
7v7 · U8 – U10

There is no offside in 7v7. Offside applies in all 9v9 games.

NO HEADING
U11 & Younger

No heading the ball for U11 and younger; heading is allowed from U12 up. A deliberate header results in an indirect free kick to the opposing team.

NO PUNTING
7v7 · U8 – U10

Goalkeepers may not punt or drop-kick the ball.

BUILD-OUT LINE
7v7 · U8 – U10

When the goalkeeper has the ball in hand or on a goal kick, the opposing team must move behind the build-out line until the ball is put into play.

BALL HITS THE CEILING

Goalkeeper punt: if a goalkeeper's punt hits the ceiling, the ball goes back to the goalkeeper.
During play: if the ball hits the ceiling, play restarts with a throw-in from the sideline closest to where it hit, taken by the team that did not last touch the ball.

EJECTIONS

Any player or coach ejected from a game is ineligible for the team's next game. An ejected player may not be replaced. Anyone involved in fighting may be removed from further league participation. All player and coach ejections will be reported to Missouri Youth Soccer (MYSA).

FORFEITS

Teams get a five (5) minute grace period past kickoff before a forfeit is declared. The League Director makes the final decision and may consider extenuating circumstances. A forfeit is recorded as a 4–0 win, and the winning team receives points for that score.

PROTESTS

No protests are allowed. All referee decisions and league decisions are final.

04 SCORING & STANDINGS

3	1	0	4
POINTS · WIN	POINT · TIE	POINTS · LOSS	MAX GOAL DIFFERENTIAL

Standings are based on total points from each team's eight (8) league games.

TIEBREAKERS IN STANDINGS

Ties in total points are broken in this order:

1. Head-to-head result (two-team ties only)
2. Best goal difference across all games
3. Fewest goals allowed
4. Most goals scored
5. Most shutouts
6. Penalty kick shootout (five players per team; if still tied, sudden-victory kicks)

PENALTY KICK PROCEDURE

Only players on the field at the end of the match are eligible.

1. Each team selects five kickers.
2. The referee's coin flip decides which team kicks first; teams then alternate.
3. If still tied after five kicks each, teams alternate single kicks until a winner is determined.
4. Every eligible player must kick before any player kicks a second time.

05 CODE OF CONDUCT

> **ZERO TOLERANCE**
>
> Missouri Youth Soccer (MYSA), its member organizations and CarShield FC hold that there is no place for hate or abuse in youth sports. This covers words and actions toward players, officials, spectators or staff, anywhere on league property before, during or after games.

The head coach is responsible at all times for the conduct of the team's coaches, players and fans. League staff may dismiss a head coach for the team's conduct; if no other coach is available, the team forfeits and the match ends immediately.

SANCTIONS

Advised actions when abuse or hate speech is observed by game officials and promptly reported to league officials:

WHO	SANCTION
Players	2-game suspension for physical or verbal abuse of a game official or league staff; hate speech toward players or spectators is also considered.
Coaches	2-game suspension for any physical or verbal abuse of an opposing team member, game official or league staff.
Spectators / Fans	Sideline cleared for the rest of the match and for the team's next match.
Anyone Else	Banned from the facility for the remainder of the league season.

A full report on any violent or abusive incident will be submitted to the Missouri Youth Soccer office within 48 hours. MYSA may investigate further and extend suspensions or bans to its other sanctioned events.

THANK YOU FOR PLAYING CarShield FC Premier League · Sanctioned by Missouri Youth Soccer (MYSA)